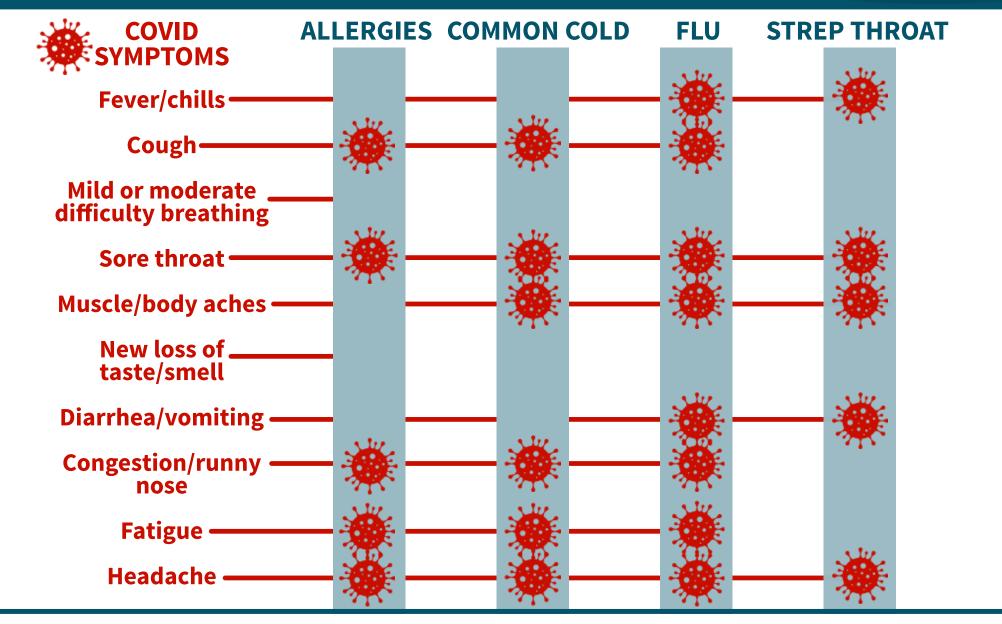
## Sick children or child care staff? Contact doctor.

√ Stay home.

✓Do not attend child care.





## What should be done if staff or children have symptoms listed above?

- ✓ Notify the child care.
- √ Stay home except to get medical care.
- ✓ Do not go to work, school, or public areas including grocery stores, pharmacies, or restaurants. Consider delivery options for food and medicine. Do not use public transportation or ride sharing.
- √ Contact the health care provider.
- √ Seek COVID-19 testing. For more information, visit <a href="mailto:covid19.lincoln.ne.gov">covid19.lincoln.ne.gov</a>.

Child care centers and in-home child care must exclude children and staff who have symptoms consistent with COVID-19 including:

- **✓** ONE of the following: fever, new onset of dry cough, onset of shortness of breath or difficulty breathing, new onset of loss of taste or smell
- √ TWO of the following: chills longer than two hours, congestion and/or runny nose, muscle pain, headache, sore throat, nausea, diarrhea or vomiting

## **FLU SHOT REMINDER**

The Lincoln-Lancaster County Health Department offers FREE flu vaccinations for residents age 6 months and older. An appointment is required by calling 402-441-8065, 8 a.m. to 4:30 p.m., Monday through Friday.



For more information about COVID-19 visit covid19.lincoln.ne.gov or call the COVID-19 Hotline at 402-441-8006



